

## Suit Measurement Guidelines

Name:	<b>Measuring Essentials:</b> - Remember, the more accurate the measurements the better the fit, so please take your time. - Preferably come dressed in your best fitting shirt, pant and dress shoes. - Measuring tape. - A friend to help take the measurements. (Remind them measurements are taken close, but not tight). - Good posture: stand straight and breathe normally.
Height :	
Weight :	
Age:	
Watch (left or right):	

Location	Images	Description	Indicate (inches or cm)
<b>Neck Measurement</b>		Placing one finger between the measuring tape and neck, measure the circumference around the lower part of the neck where the collar lies.	
<b>Shoulder Measurement</b>		Stand straight and relax your shoulders. As a reference, the shoulder seams should fall in line with your armpits. Using your shoulder seams as the starting and ending points, measure from shoulder to shoulder. Follow the natural arch of the shoulders with the measuring tape.	
<b>Sleeve Length</b>		With arm straight and palms facing the thigh, measure from the shoulder seam (in line with the armpits) down to the base of the thumb (the point where the base of the thumb meets your wrist)	
<b>Biceps Measurement</b>		Without flexing, measure around the center and widest part of your biceps.	
<b>Wrist Measurement</b>		Measure around the wrist (over the wrist bone).	
<b>Chest Measurement</b>		Standing straight and breathing normally, measure around the widest part of the chest. Ensure the measuring tape is maintained at the same height around the body.	
<b>Stomach Measurement</b>		With a relaxed stomach, measure around the fullest part of your stomach. Ensure the measuring tape is maintained at the same height around the body.	

<p><b>Front Jacket and Shirt length</b></p>		<p>Starting under the collar at the point where the seam meets the neck, measure straight downwards to the point where the index finger meets the thumb.</p>	
<p><b>Back Jacket Length</b></p>		<p>Measure downward from the base of the neck to the desired length. Recommendation is to measure to just beyond the point where the rear end begins to curve back inwards.</p>	
<p><b>Front Vest Length</b></p>		<p>Starting under the collar at the point where the seam meets the neck, measure straight downwards to the waistline of the trousers.</p>	
<p><b>Back Vest Length</b></p>		<p>Measure downward from the base of the neck to the waistline of the trouser.</p>	
<p><b>Waist Measurement</b></p>		<p>Remove belt if wearing one, before taking the measurement. Measure the circumference of the waistline. Ensure the measuring tape is maintained at the same height around the body.</p>	
<p><b>Hip/Rear Measurement</b></p>		<p>Measure around the rear at its fullest point.</p>	
<p><b>Pant Length</b></p>		<p>Wearing dress shoes, measure the outside of the leg starting at the waistline down to the desired pant length. Standard measurement is taken down to the top of the heel of the shoe. If dress shoes are not available, while barefoot, measure down to the floor.</p>	
<p><b>Pant Rise Measurement</b></p>		<p>Starting from the front waistline, measure through the legs to the rear waistline. Ensure the measurement is taken to the desired comfort/tightness.</p>	
<p><b>Thigh Measurement</b></p>		<p>Measure the circumference of the widest part of the thigh.</p>	

<p><b>Knee Measurement</b></p>		<p>Measure around the knee.</p>	
<p><b>Pant Inseam Measurement</b></p>		<p>Keep leg straight and measure the inside of the leg starting at the crotch and ending at the bottom of the pant leg.</p>	
<p><b>Pant Cuff Measurement</b></p>		<p>This measurement is the circumference of the pant cuff (not the ankle). This measurement indicates how wide the opening of your pant leg will be, additionally narrower ends will also translate into a more tapered pant leg. For this measurement it is a good idea to measure the diameter of pants you own and like. Measure the pant leg from edge to edge and multiply by 2.</p>	